

# The Hunger Free North Dakota Garden Project

*Imagine your community  
with a Hunger Free North Dakota  
Garden sign in every yard!*



## Join your community in achieving these Hunger Free Garden goals

1. To **grow** and distribute a minimum of 500,000 pounds of fresh food to North Dakota's 244 food pantries.
2. To **build** a distribution system to continue supplying food pantry clients with fresh and healthy produce.
3. To **recognize** the growers and quantities of fruits and vegetables grown in the state.
4. Improve diets through cooking, canning, and **education**.

There are many ways you can contribute to this project - you do not need to garden. There is an opportunity for volunteers at food pantries, community gardens and fundraising.

To volunteer or for more information about what this community is doing, contact:

This is a project of the North Dakota Department of Agriculture and its partners. For more information, copies of printed materials or to pledge your support, contact: Sue Balcom

NDDA  
600 E Blvd. Ave., #602  
Bismarck, ND 50505-0020  
Phone: 800-242-7535  
Email: [suebalcom@nd.gov](mailto:suebalcom@nd.gov)